75+ Health Assessment

To book a 75+ Health Assessment please phone Pioneer Health Albany on 9842 2822.

Monday – Thursday: 8am - 8pm
Friday: 8am - 5pm

Telephone: 08 9842 2822

www.pioneerhealth.com.au
email: admin@pioneerhealth.com.au
2 Pioneer Road, Centennial Park 6330 WA

PIONEER HEALTH
ALBANY

What is a Health Assessment?

An Annual Health Assessment is available to all patients over the age of 75 and is an in-depth look at all aspects of your health. This assessment provides a great opportunity to review your overall health and general wellbeing and discuss with your doctor any concerns you may have.

A Health Assessment consists of a 45 minute appointment with a nurse and a 30 minute appointment with your GP. To book in, please call our friendly reception staff on 9842 2822 and ask for a Health Assessment.

Health Assessments are bulk billed (i.e. there is no out-of-pocket cost).

Why have a Health Assessment?

- Keeps you informed and confident about your health
- Find out what help is available
- Indentify new problems
- Chance to talk about problems and ask for help
- New problems occur as growing older

What happens at a Health Assessment?

The following assessments may be completed:

- Blood pressure, pulse and rhythm
- Weight and blood sugar level
- Foot check
- Urine check
- Alcohol intake
- Smoking status
- Sleep
- Immunisation status e.g. Flu vaccine
- Physical function e.g. walking
- Falls risk screen test
- Mood and memory test
- Vision test
- Assessment discussed with GP and recommendations suggested

What to bring

Please bring the medications you take, a urine sample and glasses (if applicable) for your vision test. Urine sample jars are available from our reception.

Improving your health and lifestyle