

Wound Care

PATIENT INFORMATION



Once the procedure is completed a dressing will be placed over the operation site.

It is important that the wound stays as dry as possible for a few days. The dressing commonly supplied is not waterproof and will require changing if it gets damp (eg in the shower).

After 3 days the wound can usually be left without a dressing on but needs to be kept clean.

Avoid swimming for the first week or so after the procedure.

Avoid putting tension on your wound.

If you have a wound to your legs or feet, elevate the affected leg/foot whenever possible.

If you notice any signs of infection you should come into the surgery for the wound to be reviewed.

Signs of infection

REDNESS • INCREASED PAIN • SWELLING • HEAT • DISCHARGE