



PIONEER HEALTH  
**Maternity Program**

# Congratulations on your pregnancy

Welcome to the Pioneer Maternity Program. We look forward to providing care throughout your pregnancy, birth and beyond in the newborn period.

## ***Our obstetric team and services***

---

At Pioneer Health our GP obstetricians are Dr Carly Roxburgh, Dr David Tadj, Dr Yen Lo, Dr Sourabh Joshi, Dr Shani Macaulay and Dr Joash Foo. We are qualified to look after you throughout pregnancy, during birth and post-

nately. Our GP Obstetricians are supported by our midwife/lactation consultant Mel Scott and antenatal nurses, as well as our Maternity Program Support Officer Casey Chambers.

### GP OBSTETRICIANS



DR DAVID TADJ



DR CARLY ROXBURGH



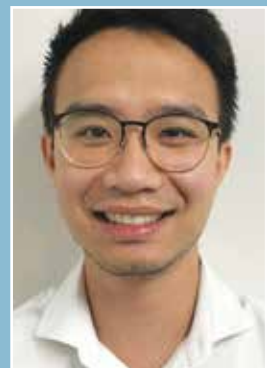
DR YEN LO



DR SOURABH JOSHI



DR SHANI MACAULAY



DR JOASH FOO

## Facilities

---

The practice has several ultrasound machines which are used regularly to ascertain your baby's growth and wellbeing.

We have a cardiotocograph (CTG) machine, which is used to monitor fetal wellbeing.

We work closely with the Maternity Ward at Albany Health Campus and we offer shared care with the Midwife Antenatal Clinic for low risk pregnancies.

### MATERNITY PROGRAM SUPPORT OFFICER



CASEY CHAMBERS

### MIDWIFE



*Our GP  
obstetric team is  
available on call 24/7  
for our maternity  
patients.*



## Standard antenatal care

---

At each antenatal visit you will see our midwife or a nurse for a routine check. You will then see your doctor who will check you and your baby and arrange necessary tests.

Short ultrasound scans, including dating scans, may be done at your visits to Pioneer Health.

iMed Radiology, located in Albany, provides detailed ultrasound examinations, including dating scans, nuchal translucency screening (12 weeks) and the routine anatomy scan (at 19-20 weeks).

After you reach 16 weeks of pregnancy, we will arrange an appointment for you with our midwife. At this appointment the booking paperwork for Albany Health Campus will be completed.

In most instances, your GPO will deliver your baby. When this is not possible, one of our dedicated GPOs will care for you during delivery.

## Pregnancy Guide

---

Early in your pregnancy you will receive the book "Pregnancy, Birth and your Baby". This guide has information regarding what to expect during your pregnancy and includes a description of the tests you



Following discharge from hospital, the visiting hospital midwife can visit you daily at home if required. The local child health nurse will then monitor your baby's progress in the first few weeks of life.

We usually see you and your baby for a post-natal check up at 2 weeks and 6-8 weeks after the birth. During this check-up your baby can have their first immunisations. At this point, you and your baby are discharged from the Pioneer Maternity Program.

Of course, you are welcome to make an appointment with our midwife/lactation consultant at any time after the birth of your baby.

You are also welcome to select one of our non-obstetric GPs to consult with going forward, for any health issues you or child may have.

may have, as well as advice about how to take care of yourself and your baby during pregnancy and after your baby is born.

Please remember to bring this book with you to all your appointments (whether at Pioneer Health or at the hospital) and when you have your baby.

*You can access a digital version of this book using this QR code*





# Consultation Fees

<b>Standard</b>	<b>Fee</b>	<b>Rebate</b>	<b>Gap</b>
<b>Standard Antenatal</b>	<b>100.45</b>	<b>43.95</b>	<b>56.50</b>
<b>Pregnancy Management and Planning (&gt;20 wks)</b> (one per pregnancy)	<b>Bulk Billed</b>		<b>0</b>

<b>Health Care Card</b>	<b>Fee</b>	<b>Rebate</b>	<b>Gap</b>
<b>Standard Antenatal</b>	<b>84.50</b>	<b>43.95</b>	<b>40.55</b>
<b>Pregnancy Management and Planning (&gt;20 wks)</b> (one per pregnancy)	<b>Bulk Billed</b>		<b>0</b>

**Iron infusion:** \$80 out of pocket

**Cardiotocography (CTG):** \$0 out of pocket

If you have private health cover, please discuss with your doctor. Patients are encouraged to discuss antenatal care costs with their GP Obstetrician if they have any concerns.

## Antenatal visits and tests

<8 weeks	<b>First visit with your GP Obstetrician</b> ( <i>dating scan</i> )
10 weeks	BLOOD TESTS
12 weeks	FIRST TRIMESTER SCREENING ULTRASOUND + <b>GPO appt</b>
16 weeks	<b>Appointment with Pioneer Health Midwife</b>
19-20 weeks	ANATOMY SCAN
20-21 weeks	<b>Appointment with Hospital Midwife</b>
24 weeks	<b>Appointment with GPO</b>
26 weeks	GESTATIONAL DIABETES SCREEN
28 weeks	<b>Appointment with Pioneer Midwife</b>
32 weeks	<b>Appointment with GPO or Hospital Midwifery Clinic</b>
34 weeks	<b>Appointment with GPO or Hospital Midwifery Clinic</b>
36 weeks	<b>Appointment with your GPO + Pioneer Midwife</b> + BLOOD TESTS & SWABS
38 weeks	<b>Appointment with GPO or Hospital Midwifery Clinic</b>
39 weeks	<b>Appointment with GPO or Hospital Midwifery Clinic (if required)</b>
40 weeks	<b>Appointment with GPO</b>
41 weeks	<b>Appointment with your GP Obstetrician (if required)</b>
42 weeks	<b>Appointment with GPO and Pioneer Health Midwife</b>
Baby 6-8 weeks old	<b>Baby has immunisations and mother and baby have consult with GP. Discharge from Pioneer Maternity Program.</b>

## Midwife and Lactation Consultant

Pioneer Health's qualified Lactation Consultant, Mel Scott, can provide help and advice to new mothers having difficulties breastfeeding. Mel can assist with problems such as latching difficulties, painful nursing, low milk production and baby's lack of weight gain. With 12+ years experience as a midwife and a qualified Possums educator, Mel can also offer advice to mothers and fathers on all aspects of caring for a newborn, including sleeping and settling techniques.



### Fees

Appointment type	Fee
Lactation Consultation	<b>\$80.00</b>
Possums Clinic	<b>\$250.00</b>



# PIONEER HEALTH Maternity Program

**If you have any questions regarding your pregnancy or pregnancy care at Pioneer Health please feel free to ask your doctor or one of our reception or nursing staff. We are here to care for you in your pregnancy.**



**My Baby WA**  
Medical

You may like to download the free “My Baby WA Pregnancy” app. Through the app people can access a digitalised version of the Pregnancy, Birth and Your Baby book (referred to on page 4 of this booklet). This validated information is delivered at the right time during pregnancy making it relevant to the user.

***For more information on antenatal, obstetric and other Pioneer Health services please visit [www.pioneerhealth.com.au](http://www.pioneerhealth.com.au)***

Pioneer Health Albany 2 Pioneer Road  
Centennial Park WA 6330 | t: 9842 2822 | f: 9842 8219  
e: [admin@pioneerhealth.com.au](mailto:admin@pioneerhealth.com.au) | [www.pioneerhealth.com.au](http://www.pioneerhealth.com.au)